

AN EBOOK BY
FAITH GRACE JESUS

FAITH SPEAKS

7 DAYS,
7 PRAYERS

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Introduction

The Bible tells us that our words have power. Just like God spoke the universe into existence, so we — who are created in His image — should use our words to speak life.

"The tongue has the power of life and death, and those who love it will eat its fruit." (Proverbs 18:21; NIV)

In this eBook, we feature 7 prayers (+ 1 bonus prayer) to help you speak God's promises over your life.

Hope you enjoy reading (and praying!)

About

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DAY 1

**MORNING
PRAYER**

Day 1: Morning Prayer

We can (and should) talk to God all throughout the day. We can (and should) discuss everything with Him because He is always there to help us.

If you want to start your morning by talking to God, here is a simple morning prayer you can pray when you start your day:

Say (!) this: My heavenly Father, I thank You for a new day. Please give me wisdom in all situations I face today. Help me to discuss everything with You and to focus more on You than my worries, problems and fears. I place myself in Your protection. Thank You for showering me with Your blessings and loving care today. I can't wait to see what wonderful things You have planned for me today!

"Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."
(Lamentations 3:22-23; NIV)

DAY 2

**EVENING
PRAYER**

Day 2: Evening Prayer

God wants us to sleep peacefully and get rest. Life can be pretty exhausting sometimes. The dog dies. The doctor gives us no hope. And the mailbox is full of bills. But we can put all our worries and fears in God's hands. God takes care of us better than we can even imagine.

We don't have to memorize prayers to prove something to God. We can talk to Him like we would talk to a good friend. But if you want to pray a little evening prayer with us, here is one you can pray:

Say (!) this: My God, thank You for this day. Even if things don't always go according to my plans, I know that You take care of everything. You love me and only want the best for me. Thank You for giving me a good, restful night's sleep tonight. I put all my problems in Your mighty hands. Thank You for protecting me and my family tonight and taking care of us. I want to thank You for everything You do for me. I'm already looking forward to tomorrow and all the wonderful things you have prepared for me to step into.

"In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety." (Psalm 4:8; NIV)

DAY 3

**HEALTH AND
HEALING**

Day 3: Prayer for Health and Healing

We know that our words have power. The Bible even says that life and death are in the power of the tongue (Proverbs 18:21). Therefore, we should use our words to speak life (and not death).

Does God even want me to be healthy?

There is not a single example in the Bible where Jesus made someone sick or where Jesus turned away a sick person who wanted to be healed saying that it was God's will for them to be sick.

How, then, can anyone claim that God wants us to be sick? A God who tells us: **"...I am the Lord, who heals you."** (God in Exodus 15:26; NIV). A God about whom we are told: **"The Lord will keep you free from every disease...."** (Deuteronomy 7:15; NIV)

God wants you to be perfectly healthy. Do you believe that? Believe it.

So let's speak health and healing today:

Say (!) this: You great, mighty God, I thank You that You have healed me from all pains and sicknesses. Jesus took all my diseases upon Himself (Isaiah 53:4-5) and by His stripes, I am healed. Thank You for keeping disease and plagues away from me and my family. I command all pain and sickness in my body to go away and never come back. In the name of Jesus I pray. Amen.

DAY 4

PROTECTION

Day 4: Prayer for Protection

What are you speaking over your life? Sickness, fear and lack? Or do you speak healing, courage, abundance and protection over your life?

Prayer for Protection

Let's speak protection over your life today. The world can scare us at times — accidents, pandemics, diseases. But God wants us to be perfectly safe—in His protection. Around the clock.

Of course we can pray in our own words, but sometimes it is nice and beautiful to speak God's promises from the Bible over our lives.

So today, let's speak Psalm 91 over our lives.

Say (!) this:

"Whoever dwells in the shelter of the Most High
will rest in the shadow of the Almighty.

I will say of the Lord,

'He is my refuge and my fortress,
my God, in whom I trust.'

Surely he will save you from the fowler's snare
and from the deadly pestilence.

He will cover you with his feathers,
and under his wings you will find refuge;
his faithfulness will be your shield and rampart.

You will not fear the terror of night,
nor the arrow that flies by day,
nor the pestilence that stalks in the darkness,
nor the plague that destroys at midday.

A thousand may fall at your side,
ten thousand at your right hand,
but it will not come near you.

You will only observe with your eyes
and see the punishment of the wicked.

...

If you say, 'The Lord is my refuge,'
and you make the Most High your dwelling,
no harm will overtake you,
no disaster will come near your tent.
For he will command his angels concerning you
to guard you in all your ways;
they will lift you up in their hands,
so that you will not strike your foot against a stone.
You will tread on the lion and the cobra;
you will trample the great lion and the serpent.
'Because he loves me,' says the Lord, 'I will rescue
him; I will protect him, for he acknowledges my
name.
He will call on me, and I will answer him;
I will be with him in trouble,
I will deliver him and honor him.
With long life I will satisfy him
and show him my salvation.'"
(Psalm 91; NIV)

DAY 5

BLESSINGS

Day 5: Speaking Blessings

We have to tell God what we want. Too often we just talk about our problems and don't speak the beautiful promises of God's Word, the Bible.

Blessings in the Bible

Many people want to tell us that God doesn't want us to be blessed here on earth. They tell us about "spiritual blessings" as if that didn't include material blessings as well. But the Bible tells us:

"That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers."
(Psalm 1:3; NIV)

Or there is also this beautiful passage in the Bible:

"The Lord is my shepherd, I lack nothing." (Psalm 23:1; NIV)

There are many, many other scriptures where we see that God is a God who blesses. A God of abundance.

So, let's speak blessings and abundance over your life today:

Say (!) this: I thank You, my God, that You bless me abundantly. You want me to be successful not only so I can enjoy the blessings, but also so that I can bless others. Thank You for giving me life in abundance. Thank You that everything I do prospers. Thank You for helping me not make money my god, but for always knowing that all good things come from You. Thank You for your bountiful gifts. You are my shepherd, Jesus, I lack nothing. In the name of Jesus. Amen.

DAY 6

INNER PEACE

Day 6: Prayer for inner Peace

God wants us to trust Him. And He wants to give us peace. The world is often in chaos — pandemics, accidents, worries about money, diseases. There are many things in the world to worry about, but our God takes care of us better than we can imagine and wants us to trust Him completely. He gives us His peace.

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."
(Philippians 4:6-7; NIV)

Our words have power, so let's speak inner peace.

Say (!) this: Even if the world is in chaos, my God gives me peace and calmness. I cast all my worries on God and He takes care of me better than I can imagine. Even if the devil tries to get me to worry, nothing can truly shake me anymore. I am calm, I don't panic and I discuss everything with my loving Heavenly Father. In the name of Jesus. Amen.

“Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.” (Jesus in John 14:27; KJV)

DAY 7

SUCCESS

Day 7: We speak Success

Did you know that God wants you to be successful? In the Old Testament we can read about Joseph. Whatever Joseph set out to do, God made him succeed. Wow. Can you imagine that in your life too?

"And his master saw that the Lord was with him, and that the Lord made all that he did to prosper in his hand." (Genesis 39:3; KJV)

Our words have power, so let's speak success!

Say (!) this: God gives me success. God allows me to succeed in everything I do. Even if things don't always go smoothly, I know that my God will work everything out for my good. I enjoy my success that God has given me, but I know that only God can give real joy in life. I use my success to help other people. I have success, but success does not have me. My loving God is always at the center of my thinking. In the name of Jesus. Amen.

BONUS

SALVATION

Prayer for Salvation. How do you get saved?

We all seek inner peace. We all want to be able to go to bed at night and sleep deeply and peacefully. Look at the world. The world wants to achieve this inner peace with all possible methods. With yoga, meditation, breathing exercises and more, the world wants to achieve what only God can give us.

True inner peace only comes *from* God. And that peace only comes when we have peace *with* God.

The world wants us to believe that God is a grumpy old man full of anger. But that's not true. God is so loving that He sacrificed His own Son for you and for me so that we can be saved. So that for all eternity (the Bible calls it "for ever and ever" in Daniel 7:18; NIV), we may be reconciled to God and live in His presence forever.

Why did Jesus have to die?

The Bible tells us: **"for all have sinned and fall short of the glory of God"** (Romans 3:23; NIV)

As sinners we are separated from God. Before we accepted Jesus, we were (or are, if someone hasn't accepted Jesus yet) sinners. Since God cannot have sin in His presence, sinners cannot spend eternity with God.

But God wants to spend eternity with us, so He made a way. Jesus took the penalty for all of our sins for us. He suffered terribly on the cross. He was our sacrificial lamb.

Jesus died on the cross for us and rose again three days later, **"He was delivered over to death for our sins and was raised to life for our justification."**

(Romans 4:25; NIV)

The only thing we "have to" do is accept this gift. God doesn't push anyone into hell. God offers everyone (!) the outstretched, saving hand of Jesus. Unfortunately, some people don't want it. But all who want to, can accept the saving hand of Jesus.

How to pray to be saved

The Bible tells us exactly what we need to do to be saved: **"If you declare with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved."** (Romans 10:9; NIV)

Prayer for Salvation

- You don't have to go to church to pray this prayer.
- You don't have to kneel to pray this prayer.
- You don't have to stop smoking, drinking, masturbating to pray this prayer.

You can pray this prayer right now, wherever you are, and suddenly everything will be different.

Say (!) this: Jesus, I believe that You are the Son of God. I believe that You died for me on the cross to take away all my sins. And I believe that You rose from the dead, so that if I accept You as my Savior, I will live with You forever. I'm sorry, Jesus, for all the mistakes I made. Thank You for taking the punishment that I deserved for my sins, so that I may be clean and pure before God as freshly fallen snow. Come into my life, Jesus, and lead me on the path that God has planned for me. I thank You, Jesus.

Now what?

And now everything is different. You may not feel any different, but You are a Jesus-Lamb now for all eternity. Reconciled with the almighty Almighty. You can call him Dad because he is Your loving Heavenly Father.

There is nothing more you can or need to do or give for your salvation. Now you can grow your personal relationship with God every day. Through this personal relationship, strength, wisdom and even good deeds will come into your life.

Focus on God and thank Him for this beautiful gift of salvation. And welcome to the family of God!

Thank you!

We hope you enjoyed *"Faith Speaks. 7 Days, 7 Prayers."*

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**"Surely your goodness and love will follow me
all the days of my life..." (Psalm 23:6; NIV)**